

Adult Beginner – Bronze Free Skate

GENERAL EVENT PARAMETERS:

- Skaters will skate to the music of their choice; vocal music is allowed.
- To be skated on full ice.
- The minimum number or required spin revolutions is indicated in parentheses following the spin description. Revolutions must be in position.

ADULT BEGINNER – 1:40 MAX			
JUMPS	SPINS	STEP SEQUENCES	QUALIFICATION
Maximum 4 Jump Elements • Jumps limited to bunny hop, mazurka, ballet, and waltz jump • Max. 1 combination or sequence consisting of only the allowed listed jumps • Max. 2 of any same jump	Maximum 2 Spins • Two forward upright spins, no change of foot, no flying entry, min. 3 revolutions.	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed any U.S. Figure Skating singles tests.

ADULT HIGH BEGINNER – 1:40 MAX			
JUMPS	SPINS	STEP SEQUENCES	QUALIFICATION
Maximum 4 Jump Elements • Jumps limited to bunny hop, mazurka, ballet, stag, split, waltz, half flip, half Lutz, Euler, single toe loop, and single Salchow • Max. 1 combination or sequence consisting of only the allowed listed jumps • Max. 2 of any same type jump	Maximum 2 Spins • Two upright spins, change of foot optional, no flying entry, min. 3 revolutions	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed any U.S. Figure Skating singles tests.

ADULT PRE-BRONZE – 1:40 MAX			
JUMPS	SPINS	STEP SEQUENCES	QUALIFICATION
Maximum 4 Jump Elements • Only single and half-revolution jumps are permitted (half flip and half lutz are permitted) • Single Flip, single Lutz, single Axel, double or triple jumps are NOT permitted • Allowed jumps may be repeated once (but no more) as solo jumps or as part of a jump sequence or jump combination Max 2 jump combinations or 1 jump combination and 1 jump sequence • 1 jump combination or 1 jump sequence may contain 3 jumps, the other may have 2 jumps • A jump combination and a jump sequence may consist of the same or different single jumps. • There may be up to two jump combinations OR one jump combination without using an Euler (half-loop) and one jump sequence in the Free Skating.	Maximum 2 Spins - Max Level 1 Choice of two different spins from: • USp – upright spin • SSp – sit spin • CSp – camel spin or • 2FtUSp – Two-foot upright spin All Spins: • Must have different codes • Min 3 revs • Spins may NOT change feet • Spins with a flying entry are NOT permitted	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating adult pre-bronze or pre-preliminary singles.

ADULT BRONZE – 1:50 MAX			
JUMPS	SPINS	STEP SEQUENCES	QUALIFICATION
Maximum 4 Jump Elements • All single jumps permitted (except single Axel). • Double and triple jumps are not permitted. • Allowed jumps may be repeated once (but no more) as solo jumps or as part of a jump sequence or jump combination Max 2 jump combinations or 1 jump combination and 1 jump sequence • 1 jump combination or 1 jump sequence may contain 3 jumps, the other may have 2 jumps • A jump combination and a jump sequence may consist of the same or different single jumps. • There may be up to two jump combinations OR one jump combination without using an Euler (half-loop) and one jump sequence in the Free Skating.	Maximum 2 Spins - Max Level 1 • One spin MUST be a spin in ONE position (Example: USp, SSp, LSp, CSp or 2FtUSp) Additional Spin may be: • A different spin in ONE position • CoSp – combination spin, no change of foot • CUSp – upright spin with change of foot All Spins: • Must have different codes • Min 3 revs total if no change of foot • ONLY the CUSp may change feet with a min 3 revs on each foot • Min 2 revs in each position if CoSp • Spins with a flying entry are NOT permitted	Maximum 1 Sequence 1 Choreographic Sequence (pChSq), consisting of at least 2 skating movements (examples of skating movements include spirals, ina bauer, spread eagles, split jumps, etc...) • Must be clearly visible and identifiable • Listed elements (jumps and spins) are NOT permitted	Skaters may not have passed tests higher than U.S. Figure Skating adult bronze or preliminary singles.